## THE WAY OF HORSE -RIDER CONNECTION

## APRIL 28-30, 2017 TROUBLE CREEK FARM, BROOKSVILLE, FLORIDA JANET McCUNE & PETER BRICK

An Innovative Weekend of Experiences to help you develop more awareness and feel in your riding!

Concepts that will be explored will include:

ENERGY PRINCIPLES GROUNDING

RELAXATION BALANCE

STRETCHING MEDITATION

CENTERING RIDING THEORY

**LONGEING** 

## RIDER'S POSITION FOR CLASSICAL SEAT & AIDS

YOUR HORSE'S PERSPECTIVE (through "human-horse-to-rider" ground exercises)

- Good for any level rider
- Great for Trainers & INSTRUCTORS
  - INTERESTING (to say the least!)

For more information:

Check Website: Lajuf@fanninhillfarm on Clinics page
Or CALL 727-534-8346 or 352-799-9605